



Member Update

Dining

UPDATED - Family-Style Specials -

- **Slow Cooked Meatloaf, Mashed Potatoes & Gravy** (\$35/45).
- **Salmon & Shrimp Scampi over Linguine** (\$45/55).
- If you'd like these specials hot for lunch the best option is [ordering online](#). Online ordering opens at 11am, which allows the kitchen to begin cooking prior to the opening of service and the phones at 11:30.

Reminders -

- **Phase Three** - We have increased from 50% of capacity to 75%. Parties will still be seated 6+ feet apart, and masks are still be required when not eating. Accompanied guests are welcome.
- Full lunch and dinner [menus](#) are available for **take-out and delivery**, 11:30-8, Tue-Sun. Call 817-0507 or order [online](#).
- We are still offering weekly [store orders](#) for household basics and pantry staples.

Pool

- All three pools are now open. You can bring your own pool toys, however, they must remain in the toddler pool area.
- Reservations required, call 434-817-0534 to reserve a time slot. One per family per day please. If you'd like to stay beyond the ending of your time slot you can if there is space available in the following time slot.
- Members are permitted to bring guests within the same family--son, daughter, grandchildren, in-laws, etc.--and house guests. Non-family member guests are not permitted at this time. Cost per family guest will be \$5 per visit. Pool passes are not available at this time.

Tennis

NEW - Summer Lessons Special - Mark is offering a discounted rate on packages of five hour-long lessons, \$275 for private instruction, \$150 per player for semi-private. [Email](#) for more info or to sign up.

Fitness

The Fitness Center is open 24/7 with a max capacity of eight members downstairs, four upstairs. Info on fitness classes--now all held in the ballroom--can be found [here](#). If you are not working out as much as you'd like please reach out to [Mark](#) to see how the club can help.

NEW - Yoga/meditation instructor Holly Hedstrom will host pop-up silent sundown walking meditations, exact dates TBD. We'll meet at 7:30pm at the rear entrance of the fitness center, learn a bit about [silent walking meditation](#), then enjoy a slow and silent walk lasting about 20-25 minutes. After our walk we can gather for optional sharing before heading for home. If you're interested please email [Holly](#) directly.

4th of July

Thanks to all who came out for a socially distant celebration! Congrats to Flag Tournament winners Dale Robinson and Barbra Helton. Dale made it back to #1, a hole ahead of Harry Miller. Barbara made it to just short of the green on #1, a few hundred yards ahead of Vicki Robinson.

Below are some of the winners of best dressed parade participants, two and four legged, wheeled and non-wheeled. Special thanks to Ruth Sullivan who was instrumental in organizing the fun.



Special thanks also goes to Don Danilek for sending along some more great pictures (below). Don's a gifted photographer and you can see his full slideshow from the 4th--along with some of his other work--[here](#). If you have any you'd like to share feel free to email them to pics@theclubatglenmore.com.



Suggestions are always welcome at:
suggestions@theclubatglenmore.com

www.theclubatglenmore.com

The Club at Glenmore

1750 Piper Way, Keswick, VA 22947
(434) 817-0506

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